

OTOLARYNGOLOGY – HEAD & NECK SURGERY ROTATION PLAN

NAME OF ROTATION: Senior Core & Transition to Practice – Sleep Medicine

FOCUS OF THIS ROTATION

- A core clinical rotation that focuses on the diagnosis and medical and surgical management of sleep apnea and sleep disordered breathing.

CBD stage(s) for this rotation:

- Core of Discipline – COD
- Transition to Practice – TTP

Length of this rotation:

- 2 weeks in PGY4 OR PGY5

PGY Level(s) for this rotation:

- PGY4
- PGY5

Locations for rotation:

- Scarborough Health Network
- Private Office

Required training experiences included in this rotation

- COD 1.1 Clinical Training Experiences
 - COD 1.1.1 Outpatient Clinics; new consultations and follow patients
 - COD 1.1.2 Inpatient Service
 - COD 1.1.3 Operating areas

Other training experiences that may be included in this rotation

- Grand rounds
- Journal Club
- On-call per schedule

	EPAs Mapped to this rotation:	Total # of Entrustments Expected by the end of COD
1.	COD 6 Assessing and managing adult and pediatric patients with sleep disordered breathing	2

	Other assessments during this rotation:	Tool Location / Platform (e.g. POWER, Entrada):
1.	ITAR	POWER
2.	Operative Log	Excel Workbook

	Key Objectives for this Rotation: By the end of the rotation the resident should be able to	CanMEDS Role(s):
1.	Demonstrate an understanding of the basic principles and practices of a sleep study.	Medical Expert
2.	Manage patients with respiratory disorders and sleep disordered breathing.	Medical Expert
3.	Demonstrate familiarity with the neurophysiology of sleep medicine.	Medical Expert

	Key Objectives for this Rotation: By the end of the rotation the resident should be able to	CanMEDS Role(s):
4.	Diagnose and manage common sleep disorders caused by mental illness, depression, bipolar disorder, schizophrenia, parasomnias, chronobiological disorders, and insomnia.	Medical Expert
5.	Provide surgical management of patients with upper airway obstruction, thyroid and sleep dysfunction, OSA patients.	Medical Expert
6.	Demonstrate familiarity with and/or assist with the following sleep medicine treatments: PAP therapy, oral appliances, sleep position modification, weight management, cognitive behavioural therapy, and light therapy.	Medical Expert
7.	Demonstrate an understanding of the relevance of the need for sleep medicine through an inter-professional approach.	Collaborator
8.	Intervene on behalf of patients with respect to the economic factors that may impact their ability to purchase needed equipment	Health Advocate