



Lumps, Bumps and Looks in the Head and Neck: An Update in Dermatology and Facial Plastic & Reconstructive Surgery

Mount Sinai Hospital
18th Floor Auditorium
600 University Avenue
Toronto, Ontario
M5G 1X5

Saturday April 1, 2017

Course Description:

Non-melanoma skin cancer is the most common malignancy worldwide and occurs primarily in the head and neck. Family physicians and specialists are frequently tasked with the diagnostic dilemma of whether a particular skin lesion is benign or malignant. If making the diagnosis wasn't challenging enough, determining if the lesion is skin deep or more sinister, and sorting out the best way to biopsy and coordinate treatment can be a frustrating and confusing endeavor. This learning opportunity will provide Family Physicians and other Specialists with the high yield information to better diagnose malignant skin conditions, assist them in making the right biopsy, therapeutic and referral choice, and ultimately provide their patients with optimal skin cancer care.

Patients frequently inquire into the potential cosmetic improvement of a mole, a scar, or improving a general tired appearance. With front-line family physicians and other specialists assisting patients with these aesthetic concerns, keeping up to date on best practice is prudent. This learning opportunity will provide family physicians and specialists with a better understanding of options available in the management of moles, scars and the aging face. Best practice neuromodulator and filler techniques will be reviewed to help improve the outcomes amongst your patients.

We hope that you will join us for this exciting and informative day!

Registration & Payment:

Please register online at:

<https://www.eply.com/LumpsBumpsandLooksInTheHeadandNeck1694411>

For registration enquires and cancellations: 416.978.2719 / 1.888.512.8173
or help@cpdtoronto.ca

Fees/Registration

Practicing Physician \$100 (plus HST)

Medical Student/Resident/Fellow/Allied Health \$ 25 CDN (plus HST)

Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after January 15, 2017. A processing fee of \$60.00 will be retained on all cancellations. Post-dated cheques will not be accepted. The Department of Otolaryngology – Head & Neck Surgery, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the Department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

For Further Information:

Audrea Martin, audrea.martin@utoronto.ca, 416.946.8740

0800 Continental Breakfast; Registration and Exhibits Open

0900 **Welcoming Remarks**

Ian Witterick
Peter A. Adamson
Michael G. Brandt

Making the Diagnosis

0910 **Common skin lesions:**
What's benign, what's malignant?
Lori Shapiro, MD, FRCPC

0925 Discussion

0935 **Malignant and Pre-Malignant Skin Lesions**
Making the diagnosis and treatment
Monika Winniki, MD, FRCPC

0950 Discussion

1000 **Head & Neck Lumps:**
What might be hiding below the skin
FPRS Presenter

1015 Discussion

1025 Nutrition Break with Exhibitors

Lumps & Bumps

1045 **Moles & Cysts**
Aesthetic treatment options, how to do it
Derm/OTOHNS presenter

1100 Discussion

1110 **Scars**
When only surgery can make them better
FPRS presenter

1125 Discussion

1135 **Scar adjuncts**
Howard Bargman, MD, FRCPC

1150 Discussion

1200 Nutrition Break with Exhibitors

Course Planning Committee:

Michael G. Brandt, MD, FRCSC,
Assistant Professor, Division of Facial Plastic &
Reconstructive Surgery, Department of
Otolaryngology – Head & Neck Surgery,
University of Toronto

Peter A. Adamson, MD, FRCSC, FACS,
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Yvonne Chan, MD, MSc, FRCSC,
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Howard Bargman, MD, FRCPC,
Associate Professor, Division of Dermatology,
Department of Medicine, University of Toronto

Course Faculty

**Division of Facial Plastic & Reconstructive
Surgery, Department of Otolaryngology –
Head & Neck Surgery, University of Toronto**
Peter A. Adamson, MD, FRCSC, FACS
Michael G. Brandt, MD, FRCSC

**Division of Dermatology, Department of
Medicine, University of Toronto**
Howard Bargman, MD, FRCPC
Lori Shapiro, MD, FRCPC
Monika Winnicki, MD, FRCPC



Aesthetics

1220	Expert Neuromodulator Techniques <i>Derm/FPRS presenter</i>
1235	Discussion
1245	Expert Filler Techniques <i>Derm/FPRS presenter</i>
1300	Discussion
1310	Closing Remarks & Evaluations

Course Objectives:

Participants will be able to:

- Differentiate malignant from benign skin lesions
- Choose the correct cutaneous biopsy technique
- Appreciate and prescribe topical therapies for early skin malignancies
- Recognize that a lump or bump may be a sign of head and neck pathology
- Determine the best next step in sorting out head and neck lumps/masses
- Determine the options and optimal methods for managing moles and cysts in the head and neck
- Recognize those features of a scar that only surgery can correct
- Appreciate the option of lasers for scars and facial aesthetics
- Apply safe and optimal neuromodulator and filler injection techniques

Accreditation:

Eligible For:

- Mainpro Category M1 Credits
- Royal College Section 1 Hours

Accommodations:

Please direct your room requirements to the hotel reservations department at the Double Tree Hilton. Their telephone number is 905.977.5000. They are conveniently located in downtown Toronto. Ask for the University of Toronto rate.



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