



Otolaryngology - Head & Neck Surgery
UNIVERSITY OF TORONTO



University of Toronto Sleep Symposium 2017

Friday, February 3, 2017

18th Floor Auditorium, Mount Sinai Hospital
600 University Avenue, Toronto



Course Description

This course is designed for the practicing otolaryngologist, respirologist and general practitioner who wish to enhance his or her knowledge on various topics in sleep medicine and sleep surgery. The material will be presented via didactic lectures followed by audience participation in question and answer sessions along with panel discussions on management of interesting cases.

Course Objectives

After active participation in this update meeting, participants will be able to:

- Discuss the most up to date management of pediatric OSA
- Describe the physiology, signs, and symptoms of adult OSA
- Understand the diagnosis of OSA using polysomnography
- Assess patient for medical vs surgical management of OSA
- Consider the different surgical management options for OSA



Program

08:30	Registration/Welcome Breakfast	12:25	Lunch with exhibitors
08:55	Welcome & Introduction Dr. I. Witterrick, Dr. Brian Rotenberg	13:30	OSA Outcomes Dr. Brian Rotenberg
09:05	Pediatric OSA: What's New? Dr. Evan Propst	13:45	Q&A
09:25	Cases & Management Panel Discussion Q&A Dr. Evan Propst (Moderator) Dr. Matt Bromwich, Dr. Indra Narang, Dr. Colin Shapiro, Dr. Julie Strychowsky	13:50	Surgical Management of Primary Snoring Dr. Raymond Ng
10:00	Adult OSA: Pathophysiology, Signs & Symptoms Dr. Clodagh Ryan	14:10	Q&A
10:20	Q&A	14:15	Surgical Options for OSA: Tonsil and Palate Procedures Dr. Raymond Ng
10:25	Diagnosis of OSA: Polysomnography vs. Ambulatory Testing Dr. Colin Shapiro	14:35	Q&A
10:45	Q&A	14:40	Refreshment Break
10:50	Refreshment Break	15:00	Surgical Options for OSA: Nasal Surgery Dr. Safaraz Banglawala
11:10	Non-surgical Management of OSA: CPAP Ms. Lori Davis	15:20	Q&A
11:30	Q&A	15:25	Surgical Options for OSA: Tongue Base Surgery Dr. Brian Rotenberg
11:35	Non-surgical Management of OSA: Oral Appliance Dr. Les Priemer	15:45	Q&A
11:55	Q&A	15:40	Surgical Options for OSA: Maxillofacial Surgery Dr. Marco Caminiti
12:00	Airway Evaluation of OSA and Drug Induced Sleep Endoscopy Dr. Sharon Morong	16:10	Q&A
12:20	Q&A	16:15	Course Evaluation & Adjournment





Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the program.

Accreditation

Continuing Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada. As a result of a reciprocal agreement between the Royal College of Physicians and Surgeons of Canada, The American Medical Association, and The European Union for Medical Specialists, CPD is permitted to assign respective credits.

Course Directors

Dr. Yvonne Chan, CPD Director & Assistant Professor, University of Toronto
Dr. Raymond Ng, Assistant Professor, University of Toronto
Dr. Brian Rotenberg, Program Director, Associate Professor, Western University

Planning Committee

Dr. Stephen Chen, Resident

Course Faculty

Dr. Safaraz Banglawala Lecturer, University of Toronto, Assistant Clinical Professor Adjunct, McMaster University
Dr. Matt Bromwich Assistant Professor, University of Ottawa
Dr. Marco Caminiti Assistant Professor, University of Toronto
Ms. Lori Davis Manager, Respiratory Diagnostic and Evaluation Service, West Park Healthcare Centre
Dr. Sharon Morong Staff otolaryngologist, MacKenzie Health
Dr. Indra Narang Associate Professor, University of Toronto, Sleep Medicine Director, Sickkids Hospital
Dr. Les Priemer Diplomat, American Board of Dental Sleep Medicine
Dr. Evan Propst Assistant Professor, University of Toronto
Dr. Clodagh Ryan Assistant Professor, University of Toronto Assistant Director Sleep Laboratory at Toronto General Hospital & Toronto Rehabilitation Institute
Dr. Colin Shapiro Professor of Psychiatry and Ophthalmology, University of Toronto, Director of the Sleep & Alertness Clinic & Sleep Research Laboratory, Toronto Western Hospital Director of the Youthdale Child & Adolescent Sleep Clinic, Toronto
Dr. Julie Strychowsky Assistant Professor, Western University



Registration and Payment

Please register online at <https://www.eply.com/sleepsymposium2017>
For registration enquiries and cancellations info-ENT1760@cepdtoronto.ca

Fees/Registration

Practicing Physician before Jan 15/2015 \$150 (plus HST)
Resident/Fellow/Allied Health \$ 50 CDN (plus HST)
Practicing Physician after Jan 15/2015 \$175 (plus HST)

Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after January 15, 2015. A processing fee of \$60.00 will be retained on all cancellations. Post-dated cheques will not be accepted.

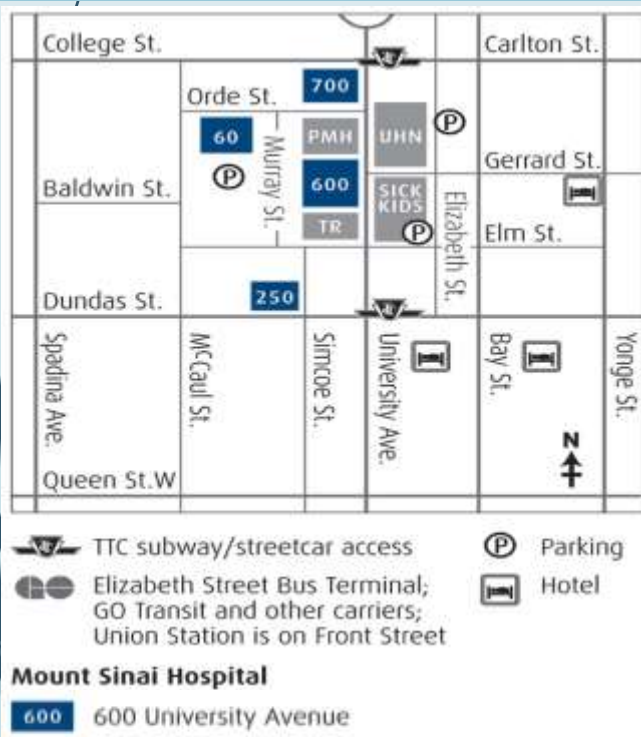
The Department of Otolaryngology-HNS, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the Department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

Accommodation

Please direct your room requirements to the hotel reservations department at the Park Hyatt, 416.324.1478 or the Double Tree Hilton, 905.977.5000. They are both conveniently located in downtown Toronto. Ask for the University of Toronto rate.

For Further Information:

Audrea Martin, audrea.martin@utoronto.ca, 416.946.8740



**Course
Location
18th Floor
Auditorium
Mount Sinai
Hospital**

