



Lumps, Bumps and Looks in the Head and Neck:

An Update in Dermatology, Oculoplastics, Oral Pathology, Head & Neck Surgery, and Facial Plastic Surgery

Mount Sinai Hospital

18th Floor Auditorium

600 University Avenue

Toronto, Ontario

M5G 1X5

Saturday March 24, 2018

Course Description:

The head and neck region is vital to how we interact with our world and a site of frequent lumps and bumps. The skin, eyelids, mouth, salivary glands, and lymph nodes are areas that frequently develop a “lump”. Family physicians and specialists are tasked with determining whether this particular lump or bump is benign or malignant. If making the diagnosis wasn't challenging enough, determining if the lesion is skin deep or more sinister and sorting out the best way to biopsy and coordinate treatment can be a frustrating and confusing endeavor. This learning opportunity will provide Family Physicians and Specialists with the high yield information to formulate a differential diagnosis of lumps and bumps of the head and neck, develop a diagnostic plan, pursue the right investigative approach, , and subsequently assist them in making the right therapeutic choice.

Patients frequently inquire into the potential cosmetic improvement of their facial appearance. With front-line family physicians and other specialists assisting patients with these aesthetic concerns, keeping up to date on best practice is prudent. This learning opportunity will provide family physicians and specialists with a better understanding of options available in the management of the aging face. Best practice techniques and laser safety will be reviewed to help improve the outcomes amongst your patients.

We hope that you will join us for this exciting and informative day!

Registration & Payment:

Please register online at:

<https://facmed.registration.med.utoronto.ca/portal/events/reg/participantTypeSelection.do?method=load&entityId=1006713>

For registration inquiries and cancellations send an email to facmed.registration@utoronto.ca

Fees/Registration

Practicing Physician \$100 (plus HST)

Medical Student/Resident/Fellow/Allied Health \$ 25 CDN (plus HST)

Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after March 16, 2018. A processing fee of \$60.00 will be retained on all cancellations. Post-dated cheques will not be accepted. The Department of Otolaryngology – Head & Neck Surgery, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the Department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

For Further Information:

Saturday, March 24th, 2018

0800 Continental Breakfast; Registration and Exhibits Open

0900 **Welcoming Remarks**
Ian Witterick
Michael G. Brandt

Managing the Skin

0910 **Common skin lesions:**
What's benign, what's malignant?
Dusan Sajic, MD, PhD, FRCPC

0925 Discussion

0935 **Malignant and Pre-Malignant Skin Lesions**
Making the diagnosis and treatment
Monika Winniki, MD, FRCPC

0950 Discussion

1000 **Skin Pathology**
Optimizing your pathology results
Shachar Sade, MD, MSc, FRCPC

1015 Discussion

1025 Nutrition Break with Exhibitors

Lumps & Bumps

1045 **Eyelid Lumps & Bumps**
What's benign, what's malignant?
Harmeet Gill, MD, FRCSC

1100 Discussion

1110 **Oral Lumps & Bumps**
What's benign, what's malignant?
Hagen Klieb, HBSc, MSc, DMD, FRCD(C)

1125 Discussion

1135 **Head & Neck Lumps:**
What might be hiding below the skin
Antoine Eskander, MD, ScM, FRCSC

1150 Discussion

1200 Nutrition Break with Exhibitors

Course Planning Committee:

Michael Brandt, MD, FRCSC,
Assistant Professor, Division of Facial Plastic & Reconstructive Surgery, Department of Otolaryngology – Head & Neck Surgery, University of Toronto

Peter A. Adamson, MD, FRCSC, FACS,
Professor & Division Head, Division of Facial Plastic & Reconstructive Surgery, Department of Otolaryngology – Head & Neck Surgery, University of Toronto

Yvonne Chan, MD, MSc, FRCSC,
Assistant Professor & CPD Director, Department of Otolaryngology – Head & Neck Surgery, University of Toronto

Howard Bargman, MD, FRCPC,
Associate Professor, Division of Dermatology, Department of Medicine, University of Toronto

Silvy Mathew, MD, FRCPC,
Family Physician, Community Practice

Course Faculty

Department of Otolaryngology – Head & Neck Surgery, University of Toronto
Antoine Eskander, MD, ScM, FRCSC
Richard Rival, MD, FRCSC

Division of Dermatology, Department of Medicine, University of Toronto
Howard Bargman, MD, FRCPC
Monika Winnicki, MD, FRCPC

Department of Laboratory Medicine & Pathology, University of Toronto
Shachar Sade, MD, MSc, FRCPC

Department of Ophthalmology & Vision Sciences, University of Toronto
Harmeet Gill, MD, FRCSC

Departments of Dentistry and Anatomic Pathology, Sunnybrook Health Sciences Centre
Hagen BE Klieb, HBSc, MSc, DMD, FRCD(C)

Community Dermatology
Dusan Sajic, MD, PhD, FRCPC



Aesthetics

1220	Lasers Options, outcomes, and Laser safety <i>Howard Bargman, MD, FRCPC</i>
1235	Discussion
1245	Latest in Facial Aesthetics What's the evidence for new techniques in Facial Aesthetics and how to injectables safely Richard Rival, MD, FRCSC *This session may not be CPD accredited*
1300	Discussion
1310	Closing Remarks & Evaluations

Course Objectives:

Participants will be able to:

- Differentiate malignant from benign skin lesions
- Choose the correct cutaneous biopsy technique
- Optimize pathology results
- Appreciate and prescribe topical therapies for early skin malignancies
- Differentiate malignant from benign periorbital and oral masses
- Recognize that a lump or bump may be a sign of head and neck pathology
- Determine the best next step in sorting out head and neck lumps/masses
- Appreciate the option of lasers for scars and facial aesthetics
- Employ best practice safety techniques when operating a laser
- Apply safe and optimal neuromodulator and filler injection techniques

Accreditation:

Continuing Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CPD to review and assess educational activities based on the criteria established by The College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.

