



**University of Toronto**  
**Dizziness Update 2019**  
**Saturday, November 16, 2019**  
**7:30 am to 4:30 pm**

Li Ka Shing Knowledge Institute  
209 Victoria Street, Toronto  
Keenan RC Allan Waters Auditorium



Otolaryngology - Head & Neck Surgery  
UNIVERSITY OF TORONTO



## **COURSE DESCRIPTION**

This course is designed for the practicing otolaryngologist who wishes to enhance his or her knowledge of various topics related to the management of the dizzy patient. The material will be presented via didactic lectures followed by audience participation in question and answer sessions along with panel discussions on management of interesting cases.

## **COURSE OBJECTIVES**

After active participation in this update meeting, participants will be able to:

- Discuss the burden of disease of dizziness in Ontario
- Assess the dizzy patient with appropriately focused history and physical exam
- Describe the central causes of dizziness
- Communicate the up to date knowledge on medically unexplained dizziness
- Discuss the details of persistent postural-perceptual dizziness
- Manage a patient with dizziness



## COURSE DIRECTORS

### **Dr. Yvonne Chan**

Associate Professor  
CPD Director  
Department of Otolaryngology –  
Head & Neck Surgery  
University of Toronto

### **Dr. Vincent Lin**

Associate Professor  
Department of  
Otolaryngology – Head &  
Neck Surgery  
University of Toronto

### **Dr. John Rutka**

Professor  
Department of  
Otolaryngology – Head &  
Neck Surgery  
University of Toronto

## COURSE PLANNING COMMITTEE

### **Dr. Matthew Crowson**

Fellow  
Department of Otolaryngology –  
Head & Neck Surgery  
University of Toronto

### **Dr. Sharon Cushing**

Associate Professor  
Department of Otolaryngology –  
Head & Neck Surgery  
University of Toronto

### **Wanda Dillon**

Clinical Vestibular Nurse  
University Health Network

### **Carolyn Falls**

Lecturer  
Department of Otolaryngology –  
Head & Neck Surgery  
University of Toronto

### **Dr. Philip Gerretsen**

Assistant Professor  
Department of Psychiatry  
University of Toronto

### **Dr. Paul Ranalli**

Neurologist  
University Health Network

### **Shaleen Sulway**

Vestibular Physiotherapist  
Toronto General Hospital

## COURSE FACULTY

### **Dr. Darren Tse**

Assistant Professor  
Department of  
Otolaryngology - Head  
& Neck Surgery  
University of Ottawa

### **Dr. Devin McCaslin**

Associate Professor  
Department of  
Otorhinolaryngology  
Mayo Clinic

### **Dr. Michael Ruckenstein**

Professor  
Department of  
Otorhinolaryngology:  
Head and Neck Surgery  
University of Pennsylvania





# PROGRAM

<b>07:30</b>	<b>Registration/Welcome Breakfast</b>	<b>11:20</b>	<b>Vestibular Rehabilitation: What can we do to help your Patients?</b>
07:55	Welcome & Introduction Dr. I. Witterick		S. Sulway
<b>08:00</b>	<b>Burden of Dizziness Disease in Ontario</b>	11:50	Q&A
	Dr. J. Rutka	<b>11:55</b>	<b>Lunch with Exhibitors</b>
08:20	Q&A	12:45	<b>Dizziness in Children: How to Diagnose and Manage?</b>
08:25	<b>Important Questions on Dizziness History</b>		Dr. S. Cushing
	Dr. D. Tse	13:15	Q&A
08:45	Q&A	13:20	<b>Vestibular Migraine vs. Meniere's Disease</b>
08:50	<b>How I do a Neurological Examination</b>		Dr. M. Ruckenstein
	Dr. D. Tse	13:40	Q&A
09:10	Q&A	13:45	<b>Ask an Expert Panel/Audience Discussion: Practical Management of Peripheral Vestibular Disease</b>
09:15	<b>Central Causes of Vertigo and Nystagmus</b>		Panelists: Dr. P. Gerretsen, Dr. V. Lin, Dr. D. McCaslin, Dr. P. Ranalli, Dr. M. Ruckenstein and Dr. J. Rutka
	Dr. P. Ranalli		Moderator: Dr. D. Tse
09:45	Q&A	<b>14:45</b>	<b>Refreshments/Break</b>
<b>09:50</b>	<b>Refreshments/Break</b>	15:00	<b>A Psychiatrist's Perspective: Medically Unexplained Dizziness</b>
10:10	<b>Controversies in Mal De Dembarquement and Cervicogenic Vertigo</b>		Dr. P. Gerretsen
	Dr. P. Ranalli	15:20	Q&A
10:40	Q&A	15:25	<b>Open Mic Session: Ask an Expert</b>
10:45	<b>What is PPPD?</b>		Moderator: Dr. V. Lin
	Dr. D. McCaslin		
11:15	Q&A	<b>16:30</b>	<b>MEETING ADJOURNMENT</b>



## Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the program.

## Accreditation

Continuing Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada.

As a result of a reciprocal agreement between the Royal College of Physicians and Surgeons of Canada, The American Medical Association, and The European Union for Medical Specialists, CPD is permitted to assign respective credits.

## REGISTRATION AND PAYMENT

Please register online at:

<https://facmed.registration.med.utoronto.ca/portal/events/reg/participantTypeSelection.do?method=load&entityId=1720916>

For registration enquiries and cancellations:

[facmed.registration@utoronto.ca](mailto:facmed.registration@utoronto.ca), 416.978.2718

### Fees/Registration

<i>Practicing Physician on or before Oct 15/2019</i>	\$150 (plus HST)
<i>Practicing Physician after Oct 15/2019</i>	\$175 (plus HST)
<i>Resident/Fellow/Allied Health</i>	\$ 75 (plus HST)

Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after October 15, 2019. A processing fee of \$60.00 will be retained on all cancellations.

Post-dated cheques will not be accepted.

The Department of Otolaryngology-HNS, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the Department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

### Accommodation

Please direct your room requirements to the hotel reservations department at the Double Tree Hilton. Their telephone number is 905.977.5000. They are conveniently located in downtown Toronto.

Ask for the University of Toronto rate.

### For Further Information:

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